



soundyogastudio

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Testimonial for Colleen Carroll

Colleen Carroll is gifted Yoga teacher and Yoga Therapist.

She graduated among the top in her class from the Loyola Marymount Yoga Therapy Rx certification program as well as the Samata Yoga and Health Institute one on one teacher training in the lineage of the late Sri T, Krishnamacharya. I highly recommend her for any Yoga teaching assignment concerning groups or one on one Yoga therapy.

Larry Payne, Ph.D.

Co Author, Yoga for Dummies & Yoga Rx

Founder/Director Yoga Therapy Rx, Loyola Marymount University

Founder, Samata International Yoga & Health Institute